

# **TOWN OF PORTSMOUTH, RI**

## **National Mental Health Month May 2019**

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, mental health conditions are real and prevalent in our nation; and with effective treatment, individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, businesses, schools, government agencies, healthcare providers, and citizens share the burden of mental health problems and have a responsibility to promote mental wellness and support prevention and mental health first aid efforts.

THEREFORE, I, Kevin M. Aguiar do hereby proclaim May 2019 as Mental Health Month in Portsmouth, RI. As the Town Council President, I also call upon the citizens, government agencies, public and private institutions, businesses and schools in Portsmouth, RI to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

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Kevin M. Aguiar, President  
Portsmouth Town Council

ATTEST: \_\_\_\_\_  
Jennifer West, Town Clerk