


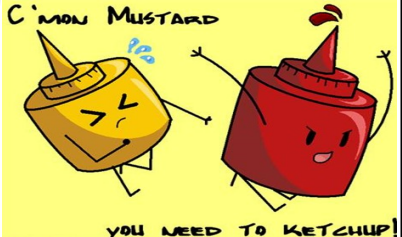



\$3.00 Suggested Donation—Portsmouth Café— Reservations must be made before 11:30AM the previous day-Call 683-4106!

June 2019

Name: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Vegetable Tomato Soup Shepherds Pie w/Ketchup Roasted Brussel Sprouts Pudding Wheat Bread</p> <p><i>(Chicken Salad on Wheat)</i></p>	<p>4 Italian Wedding Soup Lasagna Rollup w/Sauce Garlic Spinach Italian Bread Fresh Fruit</p> <p><i>(Egg Salad on Italian)</i></p>	<p>5 Beef Noodle Soup Herb Roasted Grilled Chicken Au Gratin Potatoes Normandy Blend Vegetables Ice Cream Oatmeal Bread</p> <p><i>(Honey Ham & Cheese on Oatmeal)</i></p>	<p>6 Chicken Escarole Soup Liver & Onions Mashed Potatoes Broccoli Sponge Cake Rye Bread</p> <p><i>(Seafood Salad on Rye)</i></p>	<p>7 Roasted Corn Chowder Beer Battered Fish w/Tartar Sauce Lyonnais Potatoes Roasted Zucchini Sliced Pears Pumpkin Bread</p> <p><i>(Corned Beef on Pumpkin Bread)</i></p>
<p>10 Chicken Gumbo Soup Roasted Airline Chicken Mashed Potatoes Green Greens Fruit Cocktail Marble Bread</p> <p><i>(Tuna on Marble)</i></p>	<p>11 Cream of Vegetable Soup Stuffed Cabbage w/Sauce Roasted Potatoes Asparagus Tips Brownie Hearty Nut Bread</p> <p><i>(Chicken Salad on Hearty Nut)</i></p>	<p>12 Egg Drop Soup Seafood Chow Mein Egg Roll Asian Blend Vegetables Fresh Fruit Wheat Dinner Roll</p> <p><i>(Hamburger on a Roll)</i></p>	<p>13 Kale & Bean Soup Italian Sausage Peppers & Onions Seasoned Pasta Mandarin Oranges Marble Bread</p> <p><i>(Mozzarella & Tomato Marble)</i></p>	<p>14 <u>Fathers Day Luncheon</u> Italian Wedding Soup Pot Roast w/Gravy Mashed Potatoes Summer Squash Coffee Cake Wheat Bread</p> <p><i>(Shrimp Salad on Wheat)</i></p> 
<p>17 Onion Soup Chicken Cacciatore Pesto Pasta Waxed Beans Pineapple Chunks Dinner Roll</p> <p><i>(Italian Sausage on Roll)</i></p>	<p>18 Lentil Soup Pork Loin w/Gravy Stuffing Roasted Vegetables Fresh Fruit 9 Grain Bread</p> <p><i>(Chicken Loaf & Cheese on 9 Grain)</i></p>	<p>19 Split Pea Soup Kielbasa w/Mustard Boiled Potatoes Baby Whole Carrots Tropical Fruit Rye Bread</p> <p><i>(Italian Tuna on Rye)</i></p>	<p>20 <u>Happy Birthday</u> Minestrone Soup French Meat Pie w/Ketchup Green Beans Frosted Cupcake Wheat Bread</p> <p><i>(Seafood Salad on Wheat)</i></p> 	<p>21 Vegetable Tomato Soup Italian Style Chicken Cutlet Rice Pilaf California Blend Vegetables Ice Cream Italian Bread</p> <p><i>(Egg Salad on Italian Bread)</i></p>
<p>24 Lemonade Pub Burger/ Mushroom Gravy Baked Beans Carrot & Raisin Slaw Mandarin Oranges Multi Grain Bread</p> <p><i>(Turkey & Cheese on Multi Grain)</i></p>	<p>25 Pasta & Bean Soup Meatballs w/Sauce Pesto Tortellini Roasted Peppers & Onions Cookie Wheat Bread</p> <p><i>(Tuna on Wheat)</i></p>	<p>26 100% Juice Scrambled Eggs Tomato Half Turkey Sausage Greek Yogurt</p> <p><i>(Roast Beef on Wheat)</i></p>	<p>27 Chili Soup Honey BBQ Chicken Leg Quarter Corn Bread Tomato & Cucumber Salad Sliced Peaches Rye Bread</p> <p><i>(Chicken Salad on Rye)</i></p>	<p>28 Chicken Soup Veal w/Tomato Sauce Seasoned Whole Grain Pasta Italian Blend Vegetables Tapioca Pudding Oatmeal Bread</p> <p><i>(Bologna & Cheese on Oatmeal)</i></p>
<p>Salad of the Month Sliced Chicken Strawberries-Cucumbers Walnuts-Lettuce Raspberry Dressing</p> <p>Begins Monday, June 3rd</p>		<p>C'MON MUSTARD</p>  <p>YOU NEED TO KETCHUP!</p>	<p>June 16th Happy Fathers Day</p> 	<p>Thank you for your donations! Your donations help keep the program going.</p> <p><i>All menu items may contain nuts, seeds, beans and wheat bran + other allergens</i></p>